

Mahatma Gandhi Vidyamandir's
Loknete Vyankatrao Hiray Arts, Science & Commerce College, Panchavati, Nashik-03

PG Department of Psychology and Research Centre

Academic Year 2023-24

Field Visit Report

Date: 21st October 2023

NOTICE

Mahatma Gandhi Vidyamandir's
Loknete Vyankatrao Hiray Arts, Science & Commerce College Panchavati
Nashik -03

PG Department of Psychology & Research Centre

Academic Year 2023-24

Notice for Field visit

T.Y.B.Sc.

Date: 21/10/2023

All the students are hereby informed that as a part of curriculum, Department of Psychology has organized a field visit to Sarathya Deaddiction and Psychiatric Rehabilitation Centre.

Date: 21/10/2023

Time: 9:00am.

Address: Sarathya Deaddiction And Psychiatric Rehabilitation Centre, Gita Nagar Near Synergy Hospital, Dindori Road, Mhasrul, Nashik

Prof. Dr. Mrunal A. Bhardwaj
Head Department of Psychology

OBJECTIVES

- ❖ **To understand the concept of Rehabilitation**
- ❖ **To review the actions taken to overcome the barriers related to offering good mental health to the patient**
- ❖ **To explain the importance of mental health and counseling in the prevention of suicides.**
- ❖ **To explain the applications of different therapies and ECT.**

BRIEF REPORT

As a part of MOU between Sarthya De-addiction and Rehabilitation Centre and Department Of Psychology, L.V.H. College Nashik, a one day field visit carried out on 21st of October 2023 for the students of T.Y.B.Sc. It's an extension and collaborative activity that goes beyond the classroom. The students observed patients having various mental health issues and symptoms of mental disorder such as Schizophrenia, Alcoholism, Gambling Disorder, Mood Disorder, Dementia, Bipolar Disorder etc. and alumina of department of psychology presently working as a Psychologist in Sarthya Miss.Priyanka Naik welcome staff and students and her colleague Mr. Pawar introduced the students to every patients as well as activities are conducted in rehabilitation center.

Following this, Psychologist Priyanka Naik guided the students on the importance of mental health and counseling. She explained how counseling can play a pivotal role and how Counselor also need to take care of their own mental health. Dr. Yogesh Wankhede and Psychologist Priyanka Naik cleared the doubts of students.

The entire visit was co-ordinated by faculty members Dr. Yogesh Wankhede and Miss. Kinjal Gosavi, Miss Harshali Khairnar were also present for the visit.

PHOTOGRAPHS



SARATHYA FOUNDATION'S
SARATHYA
REHABILITATION CENTRE
Psychiatry Rehabilitation & Deaddiction Centre

पलब्ध सुविधा

एंडमिशनची सुविधा
(जनरल/सेमी स्पेशल/स्पेशलरूम)
ई.सी.टी. सुविधा
व्यसनमुक्ती
समुपदेशन (Counseling)
पुनर्वसन केन्द्र (योगा, मेडिटेशन, खेळ, चर्कशॉप,
म्युसिक थेरपी, मनोरंजन)
वैयक्तिक व ग्रुप थेरपी
रुग्णाच्या नातेवाईकांसाठी मार्गदर्शन
मानसोपचार तज्ञांचे रोज मार्गदर्शन
पूणविक कौन्सिलर व नर्सिंग स्टाफ उपलब्ध

- संचालक -

डॉ. अनूप भारती MBBS, MD, DPM	डॉ. उमेश जागापुरकर MBBS, MD, DPM
डॉ. नकुल वंजारी MBBS, MD	डॉ. स्वाती वंजारी MBBS, DPM
डॉ. प्रियंका भारती BAMS, MPH	डॉ. मनिषा जेजुरकर BAMS, Dip, GO

टिप : विविध संस्था, संघट्ट, गटांसाठी मानसिक आरोग्य
विषयक कार्यशाळा घेण्यात येतील. जसे - मानसिक
आरोग्य व त्याच तणाव नियोजन

सास्थ्य मानसोपचार, व्यसनमुक्ती व पुनर्वसन केंद्र

गीता नगर, सिनर्जी हॉस्पिटल जवळ, दिंडोरी रोड, म्हसळ, नाशिक - 422004
संपर्क : 0253-2533998, 9146545889, www.sarathyarehab.com





Dr. Yogesh Wankhede guiding the students

OUTCOMES

- ❖ **The Students understood the concept of Rehabilitation**
- ❖ **The students understood the role mental health and counseling plays in the Deaddiction and rehabilitation centres.**
- ❖ **The Students understood the importance of mental health and counseling in the prevention of suicides.**
- ❖ **The Students understood the applications of different therapies and ECT.**



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